

## Autism and Executive Function

### Featured resources

#### Autism Hub

[Visual supports](#)  
[Self Management](#)

#### AFIRM Modules

[Visual supports](#)  
[Self Management](#)

#### Positive Partnerships

[Executive Functioning](#)

#### Child Mind Institute

[Helping kids who struggle with executive functions](#)



#### inclusionED

[Use visual self-management tools in your classroom](#)  
[Help students stay on track with visual study planners and timelines](#)

#### Journal article

[Autism spectrum disorders: a meta-analysis of executive function](#)  
(Demetriou et al., 2018)

#### Autism CRC

[Structured teaching](#)

### Did you know?

Executive function develops slowly, with the frontal lobe not maturing until 25 years of age

([Arain et al., 2013](#); [Gavin et al., 2009](#))

### What else can help?

It is important to consider the environmental or individual factors that students may face which could present as executive dysfunction.

### Have you tried...

[Reducing student anxiety with routines and visual schedules?](#)

Repeating the sequence of activities in a lesson, even when the content or instructional format differs can reduce the need for frequent prompting.

Want to know more? [inclusionED](#)

