**Autism Hub - Vignette - How Does Your School Encourage You TRANSCRIPT**

- It's the individual teachers. Like Mr Watts, he took the opportunity, got to know me, understand everything, and obviously cause he's on the spectrum, he's got a better understanding, but teachers, once they just get to know you, they understand your coping mechanisms, your interests, and then they can just make life a lot easier.

- Sometimes I just have a time to settle down, go out, get a drink, come back or relax outside. Sit outside just for a few minutes and then come in, and really, just there to support me in general.

- One of my English teachers, who I think I have Legal Studies with this year, she was really good. She sat the whole class down and said, guys, we really need to talk about using these really bad words which are unkind to everybody, it makes some people uncomfortable, and then I stood up and she let me give my perspective on things and it was really good.

- English or Math, a lot of them are a little bit trickier but my teachers always find a way to help me out with that by showing me different ways I can do it, then letting me experiment with the ways I can do it.

- They help me with like assessment, and they show examples, or explain it a little bit more.

- It's really just turning that non logical stuff like socialising. Just making it something more logical. Like there's a structure to it that I've kind of figured out by talking to people and that is something school helps you with, even if I'm not directly talking to people. I am still hearing what people are saying and it's helping out.