# Obtain or get item or activity

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## Context

### **Communication**

* [Visual supports](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/visual-supports)
* [Technology aided instruction and intervention](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/taii)
* [Scripting](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/scripting)
* [Functional communication training](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/functional-communication-training)

### **Health and Wellbeing**

* [Scheduled exercise](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/scheduled-exercise)
* [Regular medical and dental review](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/regular-medical-and-dental-review)
* [Cognitive behaviour therapy](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/cognitive-behaviour-therapy)
* [Mindfulness](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/mindfulness)

### **Social Relationships**

* [Peer mediated intervention](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/peer-mediated-intervention)
* [Social narratives](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/social-narratives)
* [Non contingent positive attention](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/non-contingent-positive-attention)
* [Prompting](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/prompting)

### **Control/choice**

* [Self management](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/self-management)
* [Task sequence](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/task-sequence)
* [Preferred items/High interest](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/preferred-items-activity)

### **Mobility or access**

* [Physical access](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/physical-access)
* [Adult time](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/adult-time)

### **Routine activity**

* [Active teaching of rules](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/active-teaching-of-rules)

### **Predictability and change**

* [Novel person](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/novel-person)

## Prevent

### **Antecedent based intervention**

* [Alternative schedule of liked and disliked tasks](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/alternative-schedule-of-liked-and-disliked-tasks)
* [Change schedule or routine](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/change-schedule-or-routine)
* [Pre activity intervention](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/pre-activity-intervention)
* [Choice making](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/choice-making)
* [Modified instruction delivery](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/modified-instruction-delivery)
* [Environmental audit](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/environmental-audit)
* [Pre teaching](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/pre-teaching)

### **Modify delivery of instruction or request**

* [Prompting](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/prompting)
* [Time delay](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/time-delay)

### **Modify communication**

* [Check in and check out](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/check-in-check-out)
* [Visual supports](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/visual-supports)

### **Environmental adjustments**

* [Guided notes](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/guided-notes)
* [Check and connect](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/check-and-connect)
* [Scheduled breaks](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/scheduled-breaks)

### **Curriculum and instructional modifications**

* [Task analysis](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/task-analysis)
* [Reduced task demands](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/reduced-task-demands)

## Desired

### **Teach/strengthen desired behaviours or skills that serve the same function as problem behaviour**

* [Discrete trial training](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/discrete-trial-training)
* [Modelling](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/modelling)
* [Social skills training](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/social-skills-training)
* [Video modelling](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/video-modelling)
* [Structured play groups](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/structured-play-groups)
* [Naturalistic intervention](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/naturalistic-intervention)
* [Training diversely](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/training-diversely)
* [Functional mediators](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/functional-mediators)

## Acceptable

### **Teach/strengthen acceptable alternative behaviours or skills that serve the same function as problem behaviour**

* [Discrete trial training](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/discrete-trial-training)
* [Modelling](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/modelling)
* [Social skills training](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/social-skills-training)
* [Video modelling](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/video-modelling)
* [Structured play groups](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/structured-play-groups)
* [Naturalistic intervention](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/naturalistic-intervention)
* [Training diversely](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/training-diversely)
* [Functional mediators](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/functional-mediators)

## Consequence

### **Positive reinforcement**

* [Reinforcement](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/reinforcement)
* [Non contingent reinforcement](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/non-contingent-reinforcement)
* [Differential reinforcement](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/differential-reinforcement)
* [Mystery motivators](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/mystery-motivators)

### **Minimise reinforcement for problem behaviour**

* [Response interruption redirection](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/response-interruption-redirection)
* [Behaviour contract](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/behaviour-contract)
* [Sit and watch](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/sit-and-watch)
* [Removal of punishment](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/removal-of-punishment)
* [Behaviour specific praise](https://autismhub.education.qld.gov.au/resources/functional-behaviour-assessment-tool/help/behaviour-specific-praise)

### **Appropriate negative consequences for problem behaviour if needed**